# The Coaching Manual The Definitive Guide To The Process Principles And Skills Of Personal Coaching The Definitive Guide To The Process And Skills Of Personal Coaching

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### The Coaching Manual The Definitive

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From the Back Cover Understand and develop the core skills and beliefs of an effective coach Know how to ask insightful questions that deliver valuable answers Gain practical help to plan coaching assignments that accelerate and improve your results Adeptly handle the main barriers to great coaching ...

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The Coaching Manual: The Definitive Guide to The Process, Principles and Skills of Personal Coaching (3rd Edition) Paperback – January 28, 2011 by Julie Starr (Author)

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Abstract: This carefully revised edition will guide you through the entire process from first meeting to when coaching ends, with methods, tips and techniques that simply work. Understand and develop the core skills and beliefs of an effective coach. Know how to ask insightful questions that deliver valuable answers.

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The Coaching Manual: The Definitive Guide to The Process, Principles and Skills of Personal Coaching, 4th edition.

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